

Parasternal Long Axis

Common Application "Scout view"

LV function LV Fn, pericardial fluid Assess for D septum



T I P S *Start with this view Index mark to 11 O'Clock *Not good for RV assessment

IVC IVC: M-mode

Parasternal Short

Axis

Common Application

*Rotate probe to 2

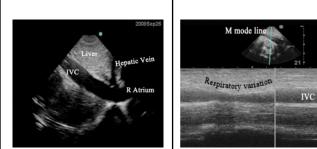
O'Clock

*Papillary muscle level

*D shaped septum = RV

pressure overload

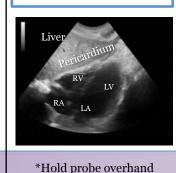
Common Application Common Application Volume responsiveness Volume responsiveness



*Follow to R atrium *Adjunct to 2D imaging *Assess for resp variation *Look for resp variation 2-3cm from RA 2cm from heart *Of most value at *>50% variation = fluid responsive extremes

Subcostal 4 Chamber

Common Application LV function, relative chamber size, arrest



landmarking) Apical 5

Common Application

Interrogation of aortic

*Index mark to 3 O'Clock

*Best view for cardiac

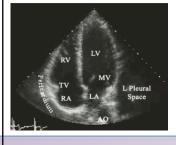
arrest scenarios (ease of



*From apical 4 view, tilt probe anteriorly *Generally limited to advanced users or esoteric ICU applications

Apical 4 Chamber

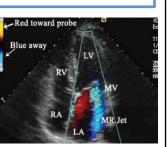
Common Application Relative chamber size Massive valvular lesions



*Index mark 2-3 O'clock *Steep tilt up in to chest *Most difficult view *L lat decubitus helpful

Color Doppler

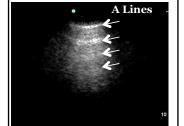
Common Application Assess for massive MR or TR



*Use "color" setting *Caution regarding color gain and color map *Most sensitive when parallel to flow (A4CV)

Lung Aeration: 'A' Profile

Common Application Rules out parenchymal disease for resp failure



*Repeating horiz lines *Normal aeration pattern *In resp failure supports COPD, asthma, PE *Phased probe best

Pleural Line

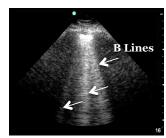
Common Application

Rule out pneumothorax

Confirm ETT placement

Lung Aeration: 'B' Profile

Common Application Identify parenchymal disease (interstitial synd)

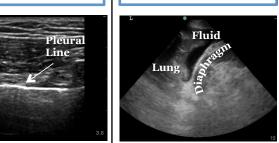


*B lines orig from pleura to bottom of screen *DDX: CHF, ARDS, PNA. *≥3 lines = pathological

*Phased probe best

Pleural Space

Common Application Pleural effusion, chest tube ldmrk, pneumonia



*Linear or phased probe *Sagittal plane *Ribs serve as landmark *Sliding excludes PTX at

site of probe

*Pleff: 1.anechoic space, 2.typical anatomy, 3.dynamic signs *Phased or curved probe *Mid-post axillary line



UWO 5000

Qpath Primer



To Access from any computer at LHSC:

- 1. In Internet Explorer URL bar type "start/qpath"
- 2. Login using Cerner login and Qpath password
- 3. Select desired study
- 4. To review images: click "Images" on upper menu
- 5. Assign Exam Type field from drop down (double click)
- 6. Enter interpretation by completing worksheet (click "Images/Worksheets" in upper menu)
- To have exam reviewed, click "Submit for QA" to email notify appropriate supervisor (select from list)
- 8. Print completed worksheet by clicking "Exam" hyperlink (upper menu) will open a PDF. Print and place in chart of patient.



For video tutorials: uwosono.ca

Machine Operation



- 1. Press "start & end"
- 2. Enter PIN and Cerner login
- 3. Select desired probe
- 4. Generate good images
- 5. Save clips or stills
- 6. Repeat 4+5 as necessary
- 7. Press "start & end"
- 8. Clean machine

Probes

Phased Array Linear Array Curvilinear





7.5-10MHz



Abdomen 3-5MHz

Critical Care Western Point of Care Ultrasound Reference Card Version 1.0

Documentation

How to archive your ICU studies: (sonosite machines)

- 1. Open Patient Encounter (Hit A or B)
- 2. Enter Patient ID (LHSC PIN #)
- 3. Enter Referring Dr. (Your Cerner login name)
- add Supervisor Cerner login to Reading Dr.
- 4. Capture Representative Image(s) (Clip or Save)
- 5. Add interpretation (Any Positive study)
 - a. Hit TEXT b. Start typing

Optional

- *Be sure to hit Clip/Save after text entered
- **May also enter interpretation in Qpath
- 6. Close Patient Encounter

Basic Critical Care Ultrasound Applications

Diagnostic

differentiated aboat

- -Undifferentiated shock -Gross LV function
- -Pericardial effusion
- -Cor pulmonale
- -Massive valvular lesions
- -Volume responsiveness

Procedural

- -Chest drainage
 -Central vein access
- -Peripheral vein access
- -Arterial access
 - -Paracentesis
- $\hbox{-} Pericar diocentes is$

Mayo et al, CHEST 2009; 135:1050-1060

Internal Jugular Vein

Common Application CVC insertion

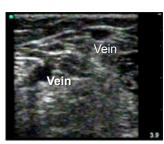


Tips:

- *Use short axis
- *Use "creep" method to always visualize tip

Peripheral Veins

Common Application Peripheral IV insertion



Tips:

- *Use short axis
- *Avoid vessels > 3cm deep

